

STARTERS

Fried Green Tomato Salad* – \$7

Tomatoes, fresh Mozzarella and basil over a bed of greens

Spinach and Black Bread Salad* – \$7

Grilled carrots, tomatoes, and pumpernickel served over a bed of spinach and topped with white beans

Darren Salad – \$7.5

Grilled chicken, plum tomatoes, cucumbers, roasted red peppers, and grilled asparagus, served over a bed of greens

Brussels Sprout Salad* – \$7

Brussels sprout leaves, diced apples, capers, and walnuts topped with shaved Parmesan.

Vegetarian Chili* - \$2.5 / \$5

Autumn Pockets*- \$6

Spaghetti squash and spinach dumplings

Quesadilla – \$7

Chicken -Shredded chicken mixed with a chipotle tomato sauce and mixed cheese

Peter's* -Spinach with spicy black beans and cheese

Pierogie of the day* - \$7

Catfish Fingers - \$8

Served with tangy remoulade sauce

Vegetable Fundido* - \$8

Served with Bowtie pasta chips

SANDWICHES

Chicken Salad Sandwich with red grapes - \$6.5

Crab Cake Sandwich - \$7.5

Served with a tangy remoulade sauce

Spinach and Black Bean Burger* - \$7

Served with honey mustard

Veggie Burger* - \$7

Homemade Sun Burger* - \$7

Cheese Burger - \$6

Riblet Sandwich* - \$7

Vegetarian pulled pork with southern slaw served on a challah roll. **Ben's Way** - Add cheese and onions (\$1)

Turkey Club - \$7

Grilled turkey mixed with caramelized onions and roasted red peppers tossed in a light cream sauce with bacon

Pulled Pork - \$7

Served on a challah roll with southern slaw

Monster Wrap* - \$7

Seasonal veggies, mixed greens, black beans and cheese with a spicy dressing, wrapped in a whole wheat tortilla. Add chicken or veggie burger (\$1)

Fried Egg BLT - \$6.5

Two fried eggs, turkey bacon, lettuce, tomato and mayo

Catfish Po' Boy - \$7.5

Served on a long roll with lettuce, pickles and remoulade sauce

BIG PLATES

Served with Homemade Poblano Corn Bread

Fried Chicken over a Belgium Waffle - \$10

Drizzled with BBQ syrup

Slow Cooked BBQ Ribs - \$13

Crab Cake Entree - \$12

Two crab cakes topped with a tangy remoulade sauce

Open Faced Turkey - \$10

Grilled turkey in a roasted red pepper cream sauce over black bread

Chicken Pot Pie - \$11

Chicken and veggies in white gravy with a biscuit crust

Open Faced Meatloaf - \$10

Old fashioned style over toasted bread

Entrée Mac and Cheese* - \$10

Served with stewed tomatoes and hot sauce

Chicken Divan Kabobs - \$11

Three chicken and broccoli kabobs served over rice with a cheesy divan sauce.

Roasted Vegan "Meat" Loaf*

Over toasted bread with red sauce

Scalloped Root Vegetable Casserole*

Thinly sliced assorted roots baked in a Parmesan cream

LIB' PLATES*

All Sides \$3 or two for \$5

Mac and Cheese – made with multi-grain pasta

Stewed Tomatoes

Brussels sprouts au gratin

Black Beans

Fried Okra

Collard greens

Fried pickles

French fries – hand cut white and sweet potatoes

Braised cabbage with poblano peppers and white beans

Southern slaw

Steamed Broccoli

Roasted Beets

Lima Beans

Smashed sweet potatoes

Ethel M's Green Beans

Stuffing

* Vegetarian (ask your server about Vegan options)